

# Salon & Spa Guidelines

## Prepare. Respond. Recover.

The cleaning industry's only outbreak response and recovery accreditation.

#### About GBAC, a Division of ISSA

Composed of international leaders in the field of microbial-pathogenic threat analysis, mitigation, response, and recovery, the Global Biorisk Advisory Council (GBAC), a division of ISSA, provides training, guidance, accreditation, certification, crisis management assistance, and leadership to government, commercial and private entities looking to mitigate, quickly address, and/or recover from biological threats and real-time crises. The organization's services include biorisk management program assessment and training, the GBAC® STAR facility accreditation program, training and certification of individuals, and consulting for building owners and facility managers. For more information, visit <a href="https://www.gbac.org">www.gbac.org</a>.

#### **About ISSA**

With members in a variety of roles including distributors, manufacturers, manufacturer representatives, wholesalers, building service contractors, in-house service providers, residential cleaners, and associated service members—ISSA is the world's leading trade association for the cleaning industry. The association is committed to changing the way the world views cleaning by providing its member

with the business tools they need to promote cleaning as an investment in human health, the environment, and an improved bottom line.

Headquartered in Northbrook, III., USA, the association has regional offices in Mainz, Germany; Whitby, Canada; Parramatta, Australia; Seoul, South Korea; and Shanghai, China. For more information about ISSA, visit www.issa.com or call 800-225-4772.

# **Introduction to Salon & Spa Guidelines**

## The GBAC® STAR Salon & Spa Guidelines

document is intended to provide process and procedural options for infection prevention, cleaning, and disinfection for Hotels areas.

These guidelines are written to assist in the completion of the GBAC STAR Facility Accreditation for Salons & Spas.



## **Introduction to Salon & Spa** Guidelines

The Gold Standard of Safe Facilities: To achieve GBAC® STAR accreditation, facilities must demonstrate compliance with the program's elements, which range from standard operating procedures and risk assessment strategies to personal protective equipment and emergency preparedness and response measures.

- Establish and maintain a cleaning, disinfection, and infectious disease prevention program to minimize risks associated with infectious agents like SARS-CoV-2, influenza, norovirus, monkeypox, etc.
- Proper cleaning protocols, disinfection techniques, and work practices in place to combat biohazards and infectious disease.
- Highly skilled cleaning professionals who are trained for outbreak and infectious disease preparation and response.

The GBAC® STAR Salon and Spa Guidelines are intended to provide process and procedural options for cleaning, disinfection and infectious disease prevention for Salon and Spa facilities. These are guidelines to assist a facility with its GBAC STAR accreditation process.

GBAC will continue to monitor information from international health associations, organizations, and regulatory agencies, and will communicate changes, requirements and recommendations as the situation evolves. GBAC will communicate to GBAC® STAR Facilities via GBAC® STAR Communications networks.

GBAC would like to extend a special thanks to Simon Marxer and Scott Slentz of Miraval Resorts and Spas for their incredible knowledge, expertise, and insight in the creation of these guidelines.

In general, GBAC® STAR guidelines will change and be updated based on risk assessments which take into account public health advice, personal protective equipment (PPE) recommendations or requirements, physical distancing requirements, and other recommendations implemented to be consistent with business needs.



# **Introduction to Salon & Spa** Guidelines

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## **General Considerations**

All guests should be asked to wash or sanitize their hands upon entering the spa.

Requesting guests to shower before receiving any body treatments may be considered.

#### **Documentation**

Documentation is an important part of the process.

Documents such as but not limited to risk assessment, cleaning and disinfection protocols (SOPs), use and types of PPE, need to be documented in advance.

#### **Hand Sanitization**

Current public health guidelines outline the need for appropriate hand hygiene accomplished by hand washing and/or the usage of alcohol hand sanitizers or approved hand wipes. While handwashing with soap and water is the preferred option for hand hygiene, the use of alcohol hand sanitizer or approved hand wipes is acceptable when hand washing facilities are limited or unavailable. Location and capacity needs must be based on occupancy, usage records, and user feedback.

Hand sanitizer station location examples include, but are not limited to:

- One or more at every entrance depending on volume.
- In each treatment room.
- At least one in all corridors/hallways.
- Lobbies 1 per 5000 sq. feet of lobby space.
- At the entrances of all spas communal areas (lounges, locker rooms, etc.).



- At all elevator banks (note position so not to interrupt traffic flow).
- At employee time clocks and entrances, employee break areas.

It is recommended that stations are checked every 2 hours during times when the spa is open, however inspection frequency can be adjusted based on usage.

### Physical distancing

GBAC will continue to monitor information from international health associations, organizations, and regulatory agencies, communicating to GBAC® STAR facilities. Through GBAC communication networks, opportunities to discuss strategies and ideas of how to achieve physical distancing goals will be provided.

 Strategies for achieving physical distancing recom- mendations include, but are not limited to:

- Spacing of seating. Identify the layout of chairs in lobbies or quiet rooms to observe physical distancing recommendations as well as outside spa areas where appropriate.
- Signage shall be placed throughout the facility advising everyone of physical distance requirements.
- Apply floor markings to assist guests with navigating the spa. For example: add floor markings to aid in queuing at the lobby, registration desk, restrooms, and any other locations clients may frequent.
- Identify a process for guests who want to forgo access to any communal areas and go directly to their treatment room/ area.
- Develop online or touchless payment and booking options.
- If physical distancing cannot be accomplished, another system should be implemented such as staggered check in times or waiting in multiple areas.
- Spacing of exercise equipment including but not limited to cardio, weight training equipment, free weights, and yoga equipment.
- Special consideration should be made for equipment where high exertion is common (cardio equipment).
- Ensure appropriate physical distancing among groups and leaders during activities.
- If inside, make sure to space areas a minimum of 6 feet apart.
- If outside, ensure proper physical distancing is in place (a minimum of 6 feet apart).

#### PPE

When required by local, regional, or nationalnational?

public health authorities, or when required by GBAC® STAR program risk assessment, masks may need to be worn by clients and employees. The wearing of gloves may also be required for certain activities. The facility shall be prepared to provide PPE when required and in appropriate sizes.

## Signage

A list of signage should be maintained that is associated with their GBAC STAR program. The list should include the locations and description of what signage is at each location. This is to ensure that the signage is in place and maintained. Some examples include but are not limited to:

- Physical distancing and face mask reminders.
- Hand Washing reminders in restrooms.
- Reminders such as "don't touch your face", "stop the spread", etc.
- Notify Spa/Salon attendant of concerns.
- Signage to remind guests that the Spa/ Salon is a GBAC® STAR Facility.

### Floor Care

In addition to current protocols of floor care for both hard surfaces and carpet, special attention should be made more, but not limited to:

- The use of HEPA vacuums on all carpet
- The use of approved floor scrubbers, mops, and tools with approved chemistry on hard floor surfaces.
- Frequency of cleaning will depend on usage, occupancy, and risk assessment.



## Temperature Monitoring Program

Where required, temperature monitoring at Spa/Salon entrances and employee entrances may be implemented. These can be automated with a temperature scanning device. Communication is essential and clear instructions on requirements need to be provided in advance (e.g., no entrance for individuals with elevated temperatures).

Medical emergency response plans should include responding to ill guests and employees. An isolation room may be considered.

## Storage of Cleaning and Disinfection Chemicals

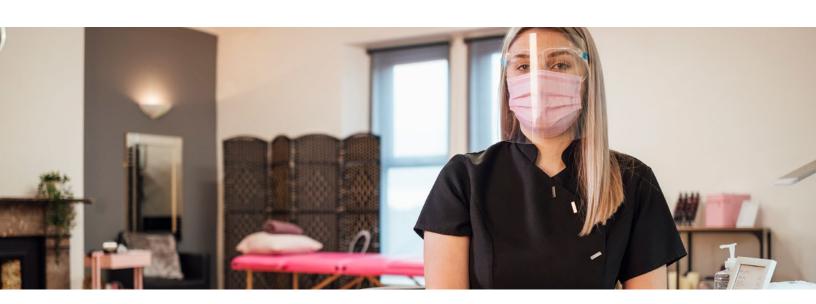
All chemicals must be stored properly. This includes at the correct temperatures, locations, and out of reach of children.

# Infection Prevention Measures for Treatment Providers

All chemicals must be stored properly. This includes at the correct temperatures, locations, and out of reach of children.

- The facility must follow local, state, and national regulations and guidelines applicable to the spa. These may include but are not limited to occupancy limits, physical distancing, temperature monitoring and other measures.
- All employees should be follow recommended guidelines or requirements from their regulatory agencies such as stay home if they are sick, are exhibiting symptoms of illness, or have been in close contact with a confirmed diagnosis.
- Consider greeting guests with a notouch welcome ritual or greeting instead of a handshake.
- Wash hands for a minimum of 20 seconds with soap and warm water prior to treatment; if washing hands is especially impractical, use hand sanitizer.
- Require guests to wash hands prior

- to treatment; if washing hands is impractical or guest would prefer, provide hand sanitizer.
- Treatment providers and guests may be required to wear masks.
- Treatment providers should refrain from touching their own faces during services.
- Other PPE such as disposable gloves, face shields and protective clothing (i.e., smocks, aprons, etc.) may be utilized based on the facility risk assessment.
- Public self-serve water stations with any touch point should not be permitted.
   Encourage guests to bring their own water bottles.
- Remove shared publications, newsletters, etc. from communal areas including staff break rooms.
- Communal beverage center usage should be limited and disinfected regularly.



# **Communal Space Cleaning and Disinfecting**

## Lobbies, Reception, and other Communal Spaces

#### Cleaning and Disinfection of Lobbies, Reception, and other Communal Spaces

- Cleaning/Disinfection Professional enter area wearing approved PPE.
- Remove all trash.
- HEPA vacuum carpeted spaces.
- Commence area cleaning with approved chemicals and equipment.
- Pay careful attention to all touch points.
- Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approved cleaner.
- If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- Large communal spaces may need to be completed in sections.
- Once a room has been cleaned, disinfect by using appropriate chemicals, equipment, and PPE.
- Disinfection should be considered at various times throughout the day during high volume times.
- Disinfection should be conducted once daily at a minimum
- Remove all non-custodial personnel while the area is being treated.
- Spray systems such as, but not limited to, electrostatic sprayers, pump sprayers or trigger sprayers with approved disinfectant(s) can be used.

- Area surface disinfection includes but is not limited to:
  - · Reception desk
  - · All doors in lobby area including entrance/ exit doors.
  - · Drawer and door handles
  - Flooring
  - · Walls (8 feet up)
  - · Tables
  - · Chairs
  - · Trash cans
  - · All touch points, light switches, lamps, phones, etc.
  - Document that cleaning and disinfection has been completed.

### **Retail Space**

#### Cleaning and Disinfection of Retail Space

- Cleaning/Disinfection Professional enter area wearing approved PPE.
- · Remove all trash.
- HEPA vacuum carpeted spaces.
- Commence area cleaning with approved chemicals and equipment.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approved cleaner.
  - If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- Once a room has been cleaned, disinfect by using appropriate chemicals, equipment, and PPE.
  - Disinfection may include the use of spray disinfection equipment such as an electrostatic sprayer, battery sprayer, pump sprayer or trigger sprayer.
- Pay careful attention to all touch points.
  - · Door handles
  - Light switches
  - · Temperature controls
  - · Seats/benches
  - Railings
  - · Reception Area including pens, credit card readers, etc.
  - · Chairs/stools/tables
- Use floor scrubbers/mops when and where applicable.

- Nightly disinfect storage areas, including containers where shared items are stored.
- Document that the equipment and room has been cleaned and disinfected.

#### Other Considerations for Retail Space

- Product samples
  - · If product samples are offered, individual samples must be utilized.
- Clothing
  - After customers try on clothes there should be a designated area to put dirty clothes. A disinfection program should be considered for all clothing that is handled or tried on.
- Jewelry
  - Trying on jewelry should be limited and supervised at all times.
  - Clean and disinfect jewelry in accordance with approven cleaners and disinfectants.



# Self-Care Cleaning and Disinfecting

#### **General Considerations for Self-Care**

When and where applicable, all guests should be asked to shower prior to their massage or body treatment. Individuals only having facial treatments should be asked to pull back and cover their hair and wash their face prior to treatments.

If showering or washing of one's face is not available, approved body or facial wipes may be provided to the guest to use prior to the massage or treatment.

#### **Hair Care**

## Hair Care Station Cleaning and Disinfecting

- Hair care stations should be cleaned and disinfected after each use.
- Wear appropriate personal protective equipment.
- · Remove all trash.
- Commence area cleaning with approved chemicals and equipment.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approven cleaner.
  - If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- After cleaning, disinfect the customers chair using a disinfecting wipe or a solution of at least 70% isopropyl alcohol and a disposable microfiber towel or reusable towel. If using reusable towels, towels must be laundered after each guest.
- Pay special attention to all touch points such as arm rests and chair controls.



#### **Hair Care Suplies**

- All reusable tools should be cleaned with a soap/detergent, warm water, and a disinfected scrub brush. Including, but not limited to:
  - Scissors
  - · Razors
  - Clippers
  - · Brushes
- Tools should then be placed in an approved solution making sure to follow the chemicals instructions for the required time duration.
- Dry all tools completely in a sanitary area before placing them in individual customer packaging.
- Ultraviolet light cabinets (UVC) are not replacements for liquid disinfection chemicals. UVC can be used for storage of tools properly disinfected in liquid.
- Single use supplies may also be used where applicable.

#### Hair sinks/basins

After each customer

- Drain all water/product from the sink/ hair basin.
- Scrub with soap or approved chemical to remove all debris.
- Apply an approved disinfectant to the sink/hair basin and allow appropriate dwell time. Rinse out the sink before the next customer.

#### Linens

After each customer

- Carefully place towels or other linens in a dirty laundry hamper or laundry bag to be washed.
- Do not shake towels or linens while handling.

- Ensure that there is a disinfection process for the laundry hamper.
- Have designated clean hampers for clean linens and designated dirty hampers.
- Linens should be washed according to manufacturer guidelines on the warmest water setting possible.
- Nightly Cleaning and Disinfecting
- Disinfect storage areas, including containers where tools and implements are stored.
- HEPA vacuum carpeted space.
- Use floor scrubbers/mops when and where applicable.
- Replenish all amenities, towels and linens as needed.
- Place a sign at stations to signify that the station has been cleaned and disinfected.
- Document that the salon space has been cleaned and disinfected.

## Massage and Treatment Rooms

#### **Cleaning and Disinfection**

Massage and treatment rooms should be cleaned and disinfected after each use.

- Wear appropriate personal protective equipment.
- Gather all tools to be cleaned and disinfected between guests.
- Remove all trash.
- Sheets and linen shall be removed and washed after each guest.
  - Place linens carefully in the dirty laundry hamper or laundry bag while in the room.

- · Do not shake linens while handling.
- Ensure that there is a disinfection process for the laundry hamper.
- Have designed clean hampers for clean linens.
- Remove all treatment accessories i.e., pillows etc. that cannot be wiped down and disinfected between appointments.



- Commence with room cleaning and disinfecting paying close attention to all touch points. High touch points include but are not limited to:
  - Door handles
  - · Light Switches
  - Counter tops
  - Massage/treatment tables, attachments and bolsters, etc.
- Clean using approved cleaning chemicals. Cleaning may include cleaning wipes, disposable microfiber towels or reusable towels with an approved cleaner. If, using reusable towels, towels must be laundered after each guest.

- Once a room has been cleaned, spray disinfect using approved disinfection chemicals.
  - Spray disinfection can be accomplished using sprayers such as electrostatic sprayers or trigger sprayerssprayers.
- Clean and disinfect all hard surfaces.
   Hard surfaces include but is not limited to:
  - · Workstation/treatment area
  - · Facial tables
  - · Chairs/stools
  - · Trolleys
  - · All Equipment
  - · Warming equipment
- Use floor scrubbers/mops when and where applicable.
- HEPA vacuum carpeted space nightly when and where applicable.
- Replenish all amenities and linens as needed.
- Place a sign on the door to signify that room has been cleaned and disinfected.
- Document that the room has been cleaned and disinfected.

#### Linens

After each customer

- Carefully place towels or other linens in a dirty laundry hamper or laundry bag to be washed.
- Do not shake towels or linens while handling.
- Ensure that there is a disinfection process for the laundry hamper.
- Have designated clean hampers for clean linens and designated dirty hampers.
- Linens should be washed according to manufacturer guidelines on the warmest water setting possible.



#### **Nail Care**

## Nail Care Stations - Cleaning and Disinfection

- Nail care stations should be cleaned and disinfected after each use.
- Wear appropriate personal protective equipment.
- · Remove all trash.
- Commence area cleaning with approved chemicals and equipmentequipment.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approvedproven cleaner.
  - If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- After cleaning, disinfect the customers chair using a disinfectant identified in the facility risk assessment. Use disposable towels or reusable towels. If using reusable towels, towels must be laundered after each guest.
- Pay special attention to all touch points such as arm rests and chair controls.

#### **Nail Care Supplies**

- Clean and disinfect all product containers after each client.
- Single use containers may be used where applicable.
- Application brushes are considered a self-disinfecting item and will not support the growth of bacteria, viruses, and fungi. Application brushes include, but are not limited to, nail polish and primer brushes and artificial enhancement brushes.
- All reusable tools should be cleaned with a soap/de- tergent, warm water, and a



disinfected scrub brush. Including, but not limited to:

- · Tweezers
- · Microblading handles
- Clippers
- Scissors
- · Metal nail files
- · Cuticle pushers
- · Reusable razor handles
- Tools should then be placed in an approved solution making sure to follow the chemicals instructions for the required time duration.
- Dry all tools completely in a sanitary area before placing them in individual customer packaging.
- Ultraviolet light cabinets (UVC) are not replacements for liquid disinfection chemicals. UVC can be used for storage of tools properly disinfected in liquid.

#### **Pedicure Basins**

After each customer and at the end of the day

Wear appropriate personal protective equipment.

- Drain all water/solution from pedicure basin.
- Scrub with soap or approved chemical to remove all debris.
- Apply an approved disinfectant to the bowl and allow appropriate dwell time.
   Rinse out bowl before next customer.

#### Linens

#### After each customer

- Carefully place towels or other linens in a dirty laundry hamper or laundry bag to be washed.
- Do not shake towels or linens while handling.
- Ensure that there is a disinfection process for the laundry hamper.
- Have designated clean hampers for clean linens and designated dirty hampers.
- Linens should be washed according to manufacturer guidelines on the warmest water setting possible.

#### **Nightly Cleaning and Disinfection**

- Disinfect storage areas, including containers where tools and implements are stored.
- HEPA vacuum carpeted space.
- Use floor scrubbers/mops when and where applicable.
- Replenish all amenities, towels and linens as needed.
- Place a sign at stations to signify that the station has been cleaned and disinfected.
- Document that the salon space has been cleaned and disinfected.

#### **Private Consultations**

- Wear appropriate personal protective equipment.
- Remove all trash.
- Commence area cleaning with approved chemicals and equipment.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approven cleaner.
  - If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- After cleaning, disinfect the space using a disinfecting wipe or a solution of at least 70% isopropyl alcohol and a disposable microfiber towel or reusable towel. If using reusable towels, towels must be laundered after each quest.
- Pay special attention to all touch points including, but not limited to:
  - Door handles
  - · Light switches
  - · Temperature controls
  - · Seats/benches
  - Desk
  - · Chairs/stools
- HEPA vacuum carpeted spacesspaces.
- Use floor scrubbers/mops when and where applicableapplicable.
- Replenish all amenities, towels and linens as neededneeded.
- Place a sign at stations to signify that the station has been cleaned and disinfecteddisinfected.
- Document that the salon space has been cleaned and disinfecteddisinfected.



# **Exercise General considerations for Exercise**

Commonly touched items like gym equipment and barbells can pose a risk if contaminated by respiratory droplets.

- Careful consideration should be taken in deciding to open gym locker rooms and bathing facilities. Ensure that these are addressed within the GBAC® STAR risk assessment. For example, if opening gym locker rooms, access limitations need to be established and only a limited number of lockers can be accessible (for example, no side-byside use).
- Have an individual help monitor physical distancing and other rules inside the facility.

- Based on local, regional, or national public health authorities, or when required by GBAC® STAR program risk assessment, set a maximum gym/studio occupancy limit allowed in the facility at one time. Consideration of:
  - Having gym members sign up for time slots, both for general use and classroom settings
  - · Limit the time individuals can stay in the gym or on specific workout equipment.
  - · Limit personal training sessions.

## **General Workout Space - Daily Cleaning** and Disinfection Operations

Cleaning/Disinfection Professionals enter specified areas wearing required PPE according to the facilities risk assessment.

- Remove all trash.
- Ensure proper signage is in place (physical distancing, PPE, hand washing, etc.)
- Commence area cleaning with approved chemicals and equipment.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approven cleaner.
  - If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- After cleaning, complete spray disinfection step using appropriate disinfectant and approved delivery system. The delivery system may include but is not limited to a trigger sprayer, pump sprayer or electrostatic sprayer.
- Attention should be paid to all touch points on exercise equipment and free weights.
  - All common touch points on stationery equipment and free weights should be cleaned before and after each use. Disinfectant should be readily available to patrons, and they should be encouraged to personally disinfect personal use items before each use.
- HEPA vacuum carpets when and where applicable.
- Use floor scrubbers/mops when and where applicable.
- Document that area cleaning and disinfection has been completed, which may include separate spaces or indicators of what has been disinfected and what has not been.

## General considerations cleaning and disinfection for pool and spa areas

All common touch points should be cleaned and disinfected regularly.

Some items should be disinfected after each use. Similar to workout facilities, patrons should be encouraged to personally disinfect personal use items like chairs and pool toys before and after each use.

Common high touch points may include:

- Pool/spa ladder handles
- Railings
- Lounge and deck chairs
- Tabletops
- Door handles to locker rooms and restrooms
- Trash cans (no touch trash cans are highly encouraged)

Elect staff to clean and disinfect these items and/or have cleaning supplies available for patrons to disinfect these items themselves.

Regularly check water treatment chemical levels and water conditions (e.g., pH) to ensure they are at appropriate levels. Follow local/state/provincial health requirements.

- Restrooms/Locker Rooms/Showers
- Wear appropriate personal protective equipment.
- Remove all trash.
- Ensure proper signage is in place (physical distancing, PPE, hand washing, etc.)
- Gather all soiled linens and place in laundry bag.
- Commence with room cleaning with approved chemicals.
- Pay careful attention to all touch points include but is not limited to each stall,

- doors, door handles, stools,urinals, sinks, faucets, paper towel dispensers, countertops, shower handles, changing tables, etc.
- Restrooms should be cordoned off during any spray disinfection services.
- Wearing approved PPE, disinfect all surfaces in the restroom.
- When utilizing spray disinfection technologies, start- ing at the back of the restroom, the Disinfection Technician begins disinfecting all surfaces in restroom.
- Vacuum carpeted floor using a HEPA vacuum when and where applicable.

- Use floor scrubbers/mops when and where applicable.
- Replenish all items as needed.
- Ensure signage is in place including GBAC® STAR and personal hygiene signage (e.g., "Remember to Wash Your Hands").
- Document that cleaning and disinfection has been completed.

## **Group Exercise Classes**

General considerations for workout classrooms/studios

Consider contacting an HVAC Professional to discuss ventilation and air changing frequencies inside studios.

## **Physical Distancing**

- Tools and implements may include but are not limited to:
  - · Balls
  - · Mats
  - · Step Equipment
  - · Bands
  - Ropes
  - · Free weights

- Workstation
- · Chairs/stools
- · All Equipment
- Nightly disinfect storage areas, including containers where tools and implements are stored.

### Yoga

#### **Yoga Studios - Cleaning and Disinfection**

Yoga studios should be cleaned and disinfected after each use.

- Wear appropriate personal protective equipment.
- · Remove all trash.
- Gather all equipment to be cleaned and disinfected between guests.
- Linens or towels, if applicable, shall be removed and washed after each guest.
  - Place linens or towels carefully in the dirty laundry hamper or laundry bag while in the room.
  - · Do not shake linens while handling.
  - Ensure that there is a disinfection process for the laundry hamper.
  - Have designed clean hampers for clean linens.
- Commence with room cleaning/ disinfection paying close attention to touch points. High touch points include but are not limited to:
  - · Door handles
  - · Light switches
  - · Temperature controls
  - · Seats/benches
  - Desk
  - · Chairs/stools
  - Yoga specific equipment and tools (see below)
- Clean and disinfect using approved cleaning and disinfection chemicals.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or

- reusable towels with an approved cleaner.
- If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- Disinfection may include the use of spray disinfection equipment such as an electrostatic sprayer, battery sprayer, pump sprayer or trigger sprayer.
- HEPA vacuum carpets when and where applicable
- Use floor scrubbers/mops when and where applicable.
- Place a sign on the door to signify that room has been cleaned and disinfected.
- Document that the equipment and room has been cleaned and disinfected.

#### **Standard Yoga Equipment**

- Yoga mats must be disinfected between users.
- Guests should be encouraged to bring their own yoga mat.
- Clean mats after each use, using a trigger sprayer and a combination of soap and hot water. Wipe the mats dry using disposable microfiber towels or reusable towels. If using reusable towels, towels must be laundered after each mat.
- Once the mat has been cleaned, disinfect by using spray disinfection process using approved disinfection.
- Trigger sprayers can be used after each guest has used or touched an item; an electrostatic sprayer can be used to disinfect the mats at the end of the day.
- It is important to remember to clean both sides of the mats.



## **Special Considerations**

## Gyms, Workout Facilities and Locker Rooms

Refer to the Fitness Center GBAC STAR Guidelines for more information.

#### **Pools**

Refer to the Pool GBAC® STAR Guidelines for additional information.

## **Culinary Programming**

#### **Food/Drink Preparation**

- Between culinary programming classes, wash down all tables and touch points (including doorknobs, light switches, cooler handles, sink faucets, etc.) with approved disinfectant.
- Gloves should be worn while handling ready to eat food.

- Appropriate signage should be posted on proper handwashing behaviors for staff and guests.
- Follow all local, state, and national regulations on food and beverage preparation.
- Do not share utensils between guests of different parties, including:
  - Knives, spatulas, or other cooking utensils
  - · Pots, pans, cutting boards.
  - · Shaker bottles
  - · Alcohol bottles
  - · Ice trays
  - · Ingredients should not be shared between guests.
  - Place in single use containers

#### **Nightly Cleaning**

- Disinfect storage areas, including containers where tools, utensils, and goods are stored.
- HEPA vacuum carpeted space.
- Use floor scrubbers/mops when and where applicable.
- Replenish all goods as needed.
- Place a sign at stations to signify that the station has been cleaned and disinfected.
- Document that the culinary prep space has been cleaned and disinfected.

## **Transportation**

#### **General Considerations**

No communal objects, such as snacks, drinks, mints, etc. should be left out for passengers.

Cleaning and disinfection procedures should be developed based on the GBAC START® risk assessment.

#### **Passenger Vehicles**

Strategies for infection prevention during an outbreak include, but are not limited to:

- Passengers will not sit in the front seat.
- No more than 2 passengers should be allowed in sedans unless in the same group.
- No more than 4 passengers should be allowed in SUV's unless in the same group.
- Drivers and passengers are required to wear a mask.
- Masks will be made available in all transport vehicles.

#### **Motor Coaches/ Busses**

Cleaning and disinfection frequency should be based upon frequency of passengers boarding and departing the vehicle and in accordance with the GBAC® STAR risk assessment

Strategies for infection prevention include, but are not limited to:

- Signage placed throughout the vehicle asking everyone to keep a respectful physical distance from others.
- Markings to aid in queuing on the floor and in the seats.
- Spacing of seating including alternating rows and seats available for passengers.
  - Motor coaches/busses should run at a decreased capacity in order to maintain all physical distancing guidelines.
- Masks should be worn by passengers and drivers.
- Signage regarding face covering or mask requirements should be placed throughout the vehicle.

#### After each Vehicle Trip

Appropriate personal protective equipment (PPE) shall be worn by drivers during the cleaning and disinfection process. PPE should be selected based on the GBAC STAR® risk assessment and take into consideration the respiratory protection needs not only for the infectious agent involved but also the disinfectant being used.

Proper signage should be placed in all vehicles includingincluding requirements such as physical distancing, hand hygiene and the wearing of mask.

Spray disinfection requirements of the vehicle are based on the risk assessment.

- Full interior disinfection using approved disinfectant.
- Wipe down of all electronic components, dash screens, and buttons and other vehicle controls that cannot be sprayed with liquids using alcohol-based disinfecting wipes or an appropriate disinfectant spray and disposable cloth.

#### **Vehicle Disinfection**

- Cleaning/Disinfection Professional enters the vehicle wearing approved PPE.
- Remove all trash.
- HEPA vacuum carpeted spaces/floor mats.
- Commence area cleaning with approved chemicals and equipment.
  - · Pay careful attention to all touch points.
  - Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approven cleaner.
  - If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
- Remove all non-custodial personnel while the area is being treated.
- Spray systems such as, but not limited to, electrostatic sprayers, pump sprayers or trigger sprayers with approved disinfectant(s) can be used.
- Area surface disinfection includes but is not limited to:
  - · Interior and exterior door handles
  - · Door lock and window controls
  - · Steering wheel
  - Air vents

- · Temperature controls
- · Make sure to include compartments where luggage was placed.
- Document that cleaning and disinfection has been completed.

## Motor Coach/Bus Restroom

#### **During the trip**

Items that should be available to passengers include:

- Hand soap
- Paper towels
- Hand sanitizer
- Waste receptacle
- Disinfectant wipes for passenger use in the restroom should be considered.



#### **After the Trip**

- Cleaning/Disinfection Professional enter area wearing approved PPE.
- · Remove all trash.
- Commence area cleaning with approved chemicals and equipment.
- Pay careful attention to all touch points.
- Cleaning may include cleaning wipes, disposable microfiber towels, or reusable towels with an approved cleaner.
- If using reusable towels, towels must be washed on the warmest setting and dried completely between uses.
  - · Remove all non-custodial personnel while the area is being treated.
  - Spray systems such as, but not limited to, electro- static sprayers, pump

- sprayers or trigger sprayers with approved disinfectant(s) can be used.
- Area surface disinfection includes but is not limited to:
  - · Door handles
  - · Flooring
  - · Trash cans
  - All touch points including sink faucets, soap dis- pensers, toilet handles, etc.
- Document that cleaning and disinfection has been completed.

## **Outdoor Activities**

## General Considerations for Outdoor Activities

## **Bee Keeping**

#### **Cleaning and Disinfection**

- Wear appropriate personal protective equipment.
- Clean and disinfect tools and implements in accordance with manufacturer guidelines, using approved cleaning, disinfecting and/or approved technologies.
- Gather all tools to be cleaned and disinfected by guests using spray bottles or wipes (smoker, hive tool, etc.).
- If gloves were worn for bee keeping practices, gather, place in a designated hamper, and wash them through the laundry service.
- Ensure that all suits are placed in a designated suit hamper and wash

- them through the laundry service (according to manufacturer's guidelines).
- Ensure the laundry hamper/ collection bin is disinfected.
- If there is a building where people will be gathered (bee house, barn, etc.) make sure to disinfect all touch points (abide by prior room guidelines for disinfection) Including:
  - · Doors
  - · Handles
  - · Tools
- Replenish all amenities, tools, suits, etc. when needed.
- Document that the tools, gloves, room has been cleaned and disinfected.

#### Biking/Hiking/Kayaking/etc

Cleaning and Disinfection

- Wearing appropriate personal protective equipment
- Clean and disinfect tools and implements in accordance with manufacturers guidelines between use, using approved disinfection chemicals and/or approved technologies.
  - Gather all tools to be cleaned and disinfected between guests using wipes or spray technologies (Paddles, helmets, bike, etc.)
- If gloves were worn for any activity; gather, place in a designated hamper, and wash them through the laundry service.
- Ensure the laundry hamper/ storage container is disinfected.
- If there is a building where people will be gathered (Storage Room for equipment to be given, shed, etc.) make sure to disinfect all touch points. High touch points include but are not limited to:

- Door handles
- · Light switches
- · Temperature controls
- · Seats/benches
- Desk
- · Chairs/stools



- Clean using approved cleaning chemicals. Cleaning may include cleaning wipes, disposable microfiber towels or reusable towels with an approved cleaner. If using reusable towels, towels must be laundered after each quest.
- Once a room has been cleaned, spray disinfectant using approved disinfection chemicals.
- Spray disinfection can be accomplished using sprayers such as electrostatic sprayers or trigger sprayers.
- Clean and disinfect all hard surfaces.
   Hard surfaces include but is not limited to:
  - Workstations
  - · Chairs/stools
  - · All Tools/ Equipment
- Use floor scrubbers/mops when and where applicable.
- Document that the tools, equipment, room has been cleaned and disinfected.



## **Equine**

#### **General Considerations**

Hand sanitization/hand washing stations may need to be implemented at the barn based on the facilities risk assessment.

 Ensure appropriate physical distancing among groups and leaders during the ropes course.

#### **Infection Prevention Measures**

#### **General Considerations**

- After cleaning all brushes and materials:
  - Disinfect materials using disinfecting wipes, dis- posable microfiber towels or reusable towels with the approved disinfectant. If using reusable towels, towels must be laundered after each use, wearing disposable gloves to handle dirty towels.
  - Have appropriately labeled containers for disinfecting dirty brushes and equipment.

- Brushes and grooming equipment:
  - Clean brushes according to manufacturer guidelines
  - Disinfect brush handles using an approvedt disinfectant. This could include disinfecting wipes, disposable microfiber towels or reusable towels with the approved disinfectant.
  - If using reusable towels, towels must be laundered after each use, wearing disposable gloves to handle dirty towels.

#### Saddles

- After each ride, clean saddles according to best industry practice for the specific saddle.
- · Launder blankets and saddle pads.
- Clean and disinfect saddle and reins using ap- proved methods and chemistries.
- Saddles may need to be reconditioned after disinfection.

#### **Cleaning and Disinfection**

- Wearing appropriate personal protective equipment
- Clean and disinfect tools and implements in accordance with manufacturers guidelines, using approved cleaning, disinfecting chemicals and/or approved technologies.
- All equine tools should be cleaned and disinfected between guests.
  - Use approved cleaning and disinfection chemis- tries and delivery systems.
- If gloves were worn for riding, place in a designated bin, and wash them through the laundry service.
- Ensure that the laundry bin/ storage container is disinfected.
- If there is a building where people will be gathered (bus, barn, etc.) make sure to disinfect all touch points (abide by prior room and transportation guidelines for disinfection)
  - · Doors
  - · Handles
  - · Riding, grooming and painting equipment.
- Clean using approved cleaning chemicals. Cleaning may include cleaning wipes, disposable microfiber towels or reusable towels with an approved cleaner. If using reusable towels, towels must be laundered after each guest.
- Document that the brushes, saddles, barn has been cleaned and disinfected.
  - When cleaning and disinfecting, use caution in the stables and around horses.





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